

Counselling for the Classroom Teacher

SPRING, 1985

INSTRUCTOR: Patricia Wilensky

Tuesdays/Thursdays 2-4 p.m.

LOCATION: On Campus

COURSE DESCRIPTION

This course is intended for senior students or practising teachers who wish to explore the area of school counselling and develop some counselling skills that can be used within a classroom setting. A combination of lectures, discussion, practice exercises and films will be used to introduce counselling systems, communication skills and important issues of school and personal counselling.

OUTLINE OF TOPICS:

Topics will include:

- Counselling theories
- Classroom climate
- Developing your own counselling theory
- Classroom teaching as counselling
- Role of the school counsellor
- Understanding psychological reports
- Teacher wellness and burn-out prevention

COURSE REQUIREMENTS

1. Minor paper - reaction to issues raised in course 30%
2. Group presentation 30%
3. Final examination - take-home short essays 40%

TEXTBOOKS

- Weinhold, B.K. and Elliot, L.C. Transpersonal Communication. Englewood Cliffs, N.J., Prentice-Hall, 1979.
- Martin, J., & Hiebert, B. (1982) Instructional Counselling Vancouver: Centre for the Study of Curriculum and Instruction, UBC
- Corey, G. (1982) Theory and Practice of Counselling and Psychotherapy (2nd Ed). Monterey, CA: Brooks/Cole.